

# Bobcats top Bantam B's in Province

by Holly Halfpenny

The long road to provincials has paid off for the Baddeck Bantam Bobcats.

The weekend of March 25-27 the Bobcats played in the Bantam B Provincials hosted by the Cole Harbour Wings.

After winning against the Sydney Steelers to secure their place in Provincials, the Bobcats were excited for the opportunity to go to Provincials and were up for the challenge.

Following their participation in the opening ceremonies Friday evening, the Bobcats came out skating against the Dartmouth Whalers with a 6-1 win. With the confidence of winning their first game the Bobcats were ready to play the game they know how to play.

In Saturday's first game the Bobcats were up against Cole Harbour. The Bobcats came out playing hard but would lose the game 2-3. The Bobcats second game Saturday was against the Queen's County Cougars. The Bobcats got their second win with a score of 5-4.

At days end Saturday there was a three way tie for the first place standing. Baddeck, Cole Harbour and Pictou were all tied with two wins and a loss, making the two games Sunday



Assistant Coach Andy Whitty, Coach Sandy Watling, Joseph MacDonell, Donald Parsons, Logan MacDonell, Bryan Berk, Luke Organ, Noah Cameron, Devyn Garland, Jazmin Nicholson, Drew Nicholson, Shane Whitty, Donald Halfpenny, Andrew Bradley, Charlie Young, Isaiha Keigan, Assistat Coach Lenny Keigan & Goalie Coach Jim Organ. Missing from the photo is Team Manager, Liz Halfpenny.

morning the determining factor as to who would move on to the championship game. The Bobcats would face Pictou and Cole Harbour would face Queens County.

Sunday morning the Bobcats took the game against Pictou 7-2 securing their place in the championship game. While Cole Harbour beat Queens County to move on to the final game.

The game took place at 2:00 pm Sunday at Cole Harbour Place with Baddeck and Cole Harbour fighting for the Provincial title.

The Bobcats came out strong with Shane Whitty scoring the first goal 11 minutes and 43 seconds into

the first period. Donald Halfpenny then got a clear chance to skate the puck from end to end and scored with one second remaining in the first period. The Bobcats kept the pressure on in the second period with Devyn Garland and Isaiha Keigan getting a goal each. Cole Harbour came back in the third period scoring three

goals. With two minutes remaining on the clock the Bobcats were able to keep Cole Harbour off and Joseph MacDonell scored on the empty net with eight seconds left in the game to win the Provincial title 5-3.

The Bobcats also took place in the skills competition on Saturday. Joseph MacDonell got first place in shooting accuracy. While Donald Halfpenny got second for backwards skating and Shane Whitty got second in the shootout competition.

The Bobcats also took home some additional medals during the weekend. Isaiha Keigan got Tournament All-Star forward. Donald Halfpenny got Best Defenseman. Shane Whitty got Leading Goal Scorer and Tournament MVP.

The Bobcats want to thank all their fans near and far for the support during the 2010-11 season and especially during the Provincials weekend.

## Many fitness techniques



Photo by Gordon Kennedy

St. Ann's Bay Health Group presented a Fitness and Entertainment Evening at the Indian Brook Fire Hall on March 19th. Demonstrations of Tai Chi, Yoga, Zumba, Nia, Qi Gong, step and folk dancing, a lively square set, Gaelic Singing and much more. In the photo Carol Kennedy leads a group in a Nia Routine demo. With the enthusiasm of this community for activities, it is not surprising that the St. Ann's Bay Community received a Nova Scotia Community Spirit Award.


**Brent Smith**  
**Certified General Accountant**  
 Accounting ~ Bookkeeping ~ Taxation  
 Software Training ~ Business Plans

Office: 295-1202

Residence: 737-2146

# Congratulations

## HEAL Ambassador



**Charles & Sharon MacDonald, North West Arm**

Charles and Sharon are proud owners of Charrick Keltic Farm and regular market vendors. They work with their son Rick DiGiorgio to maintain the farm. "Rick is totally committed to sustainable agriculture and organic."

Charles is Chairperson of the Cape Breton Farmers Market and active with many Agriculture committees. "People are removed from the land now. In generations past, there was a household economy. Families had their own animals and gardens to harvest."




It's important to encourage producing again by having a backyard garden or greenhouse, even if its potted tomato plant on a deck. "Modest is meaningful. We need to support our local producers, to protect the agriculture wealth of our land."

HEAL Cape Breton is pleased to announce Charles & Sharon MacDonald as HEAL CB Ambassadors. Keep up the great work. We can follow their example by buying local and growing our own garden. Nutrition Month theme was "From Field to Table" and we think their philosophy about local producers is inspiring.

---

A new HEAL CB Ambassador will be chosen every month. If you would like to nominate someone as a HEAL role model in your community, please send your nomination letter to:

HEAL Cape Breton (Healthy Eating Active Living)  
 HealthPark  
 45 Weatherbee Road, Suite 306,  
 Sydney, NS B1M 0A1  
 Or Email: [healcapebreton@gmail.com](mailto:healcapebreton@gmail.com)

HEAL Cape Breton is an organization dedicated to promoting health eating and active living in Cape Breton.