

'Trashing' the view...no way to treat our County



Submitted by Aaron Schneider, of Tarbot, these photos are of garbage dumped on the scenic overlook above the Barachois River on the Cabot Trail. This is the most beautiful part of the road on the St. Ann's Loop and garbage bags have been going down the cliff and into the river here for years. Robert Morrison, from the Department of Transport in Baddeck, and Aaron cleaned it up and a no dumping sign will be posted. Will this be enough to stop those who are doing this. *Ed. Note: See pages 13 & 15 re: County's New Waste Collection Days and 2010 Victoria County Collection Routes.*

Adult mental health services now in County

Special

Cape Breton District Health Authority Mental Health Services is pleased to announce the addition of Adult Mental Health Services to Victoria County and surrounding areas.

A social worker, Christine Bailey, MSW, will be providing mental health assessment and treatment to adults 3 days/week (Mondays, Tuesdays and Fridays) from the Victoria County Memorial Hospital and 2 days/week from Buchanan Memorial Hospital in Neil's Harbour (Wednesdays and Thursdays). Clinic hours will be from 8:30 – 4:30. It is suggested that referrals come from the family physician or other relevant care providers, however, self-referrals will also be accepted.

The Principle Functions of Mental Health are:

- To provide core mental health programs throughout the district based on best practice evidence and consistent with the provincial standards.
- To provide consultation, support and education to primary care service

providers.

- To improve the awareness of individuals, families and staff and the public regarding mental health, mental illness, mental health care and the mental health delivery system.
- To collaborate with other government departments, community agencies, and service providers on shared initiatives.
- To address the determinants of health in conjunction with the relevant government departments, community groups and agencies in planning, delivering and evaluating services.
- To involve the patient, family and community in the routine and comprehensive planning and evaluating of mental health services.

For more information please contact: Victoria County Memorial Hospital at (902) 295-2393 or Buchanan Memorial Hospital at (902) 336-2200 Ext. 253 or Charlene Murphy, Coordinator, Rural Mental Health Services (Inverness/Victoria) at (902) 258-1911.

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- slow down to **60 km/h** or obey the speed limit when it's below **60 km/h**
- leave an empty lane between us if you can do so safely



Effective May 1, 2010, laws are changing for passing a stopped emergency vehicle with its lights flashing. Find out more at www.gov.ns.ca/tran