

7th Annual Hike the Highlands Festival



This group reached their destination at Money Point.

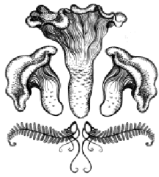
Cape Breton Highlands
The 7th Annual Hike the Highlands Festival will take place Sept. 10-19 throughout Northern Cape Breton and Cape Breton Highlands National Park. “Hikers are coming from Saskatchewan, Ontario, New Brunswick, Prince Edward Island and Nova Scotia to participate in this year’s festival,” says Tom C. Wilson, Chair, Hike the Highlands Festival. Wilson states he looks forward to meeting new hikers at this year’s festival as well returning hikers.
This ten day hiking festival features 24 guided hikes, evening presentations, opening & closing ceremonies, the hikers distance award program – 25, 50 and 100 km, and workshops. Hikers are

encourage to take photos and enter the photo contest.
Hike the Highlands Festival is very fortunate to have Wally Hayes, a professional photographer, lead and instruct the Nature & Landscape Photography workshops on September 10 & 11th. The Nature and Landscape workshops will emphasize choosing a subject; composition and lighting; using people effectively in pictures; choosing lenses and apertures to control perspective, subject motion and depth of field.
Evening presentations are also popular with hikers and some of this year’s line-up includes Hikers Safety by Erich Muntz, CBHNP; West Highland Way in Scotland by Andrew Powter; hiking



All manner of vistas greet the Hike the Highlands hikers.

Hadrians Wall in England with Paula & Tim Reynolds; A Bird’s Eye View by Suzanne Lambert, CBHNP; Hiking Ben Nevis & Cape Breton Highlands 3 Peaks Challenge – Tom Wilson, and much more.
For more information on hikes, trails, registration and evening events visit the festival’s website at www.hikethehighlandsfestival.com



The Restaurant at the Chanterelle Country Inn

Savour a cuisine created from locally and organically grown ingredients

Served Nightly from 6 to 8:30 on the Verandah Overlooking St. Ann's Harbour

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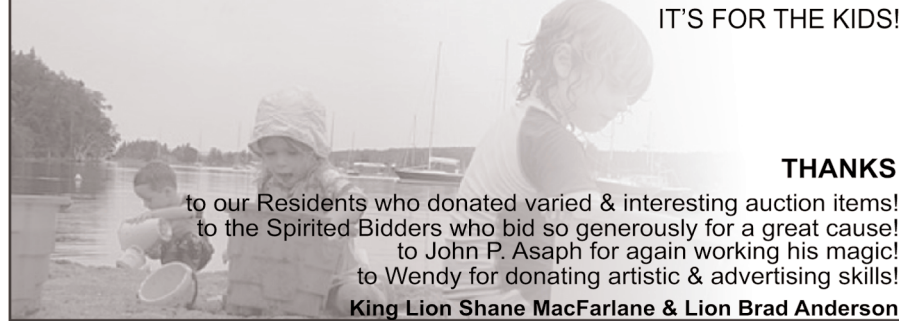
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All proceeds go to the Lions Kidston Island Beach Project
IT'S FOR THE KIDS!



THANKS

to our Residents who donated varied & interesting auction items!
to the Spirited Bidders who bid so generously for a great cause!
to John P. Asaph for again working his magic!
to Wendy for donating artistic & advertising skills!
King Lion Shane MacFarlane & Lion Brad Anderson

INVERARY RESORT SUMMER REPORT

LAKESIDE RESTAURANT

Dinner Service Sun.-Thurs. 5-9 pm
Fri. & Sat. 5-10 pm
Cut out this ad and present to your server for a **FREE** glass of Nova Scotia wine with dinner.

THISTLEDOWN PUB

Entertainment lineup:
Sept. 6-7 Tracey Cavanaugh
Sept. 8 Open Mic with Larry MacAskill
Sept. 9 Michele Stevens
Sept. 10-11 Tracey Cavanaugh
Sept. 12 Michele Stevens
Sept. 13-14 Tracey Cavanaugh
Sept. 15 Open Mic with Larry MacAskill
Sept. 16 Michael Cavanaugh
Sept. 17 Tracey Cavanaugh
Sept. 18 Mike Aube'
Sept. 19-20 Tracey Cavanaugh

PUB NIGHT AT BELL BAY

Happy Hour with entertainment every Thursday 6:30 pm-9:30 pm
Sept. 9 Bill Appleby
Sept. 16 Tracey Cavanaugh

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ON THE BOARDWALK AT LAKESIDE

The Folks at Lakeside would like to thank you for your lunch time support in 2010 and look forward to serving you in 2011.

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