## **Premier commends residents of Meat Cove**

from page one

Two campers from Germany barely escaped with their lives as a wall of water from an overflowing Meat Cove brook took their camper van out to sea. Bridges and culverts were torn asunder by rushing water, trees and rocks were uprooted and strewn about like children's toys and the road to Meat Cove was made impassable.

Tamara Rasmussen from Bay St. Lawrence who was helping with the rescue and relief efforts for those stranded in Meat Cove said the sea was turned to a brown stew and the debris in the water made it almost impossible to reach shore.

The RCMP called the Emergency

Measures Organization, who called in the Red Cross and the Department of Transportation and Infrastructure Renewal (aptly named in this case) swung into action.

Lyle Donovan EMO officer for Victoria County and Constable Crystal Ellis those who wanted to leave were transported to Sydney.

The provincial government promised the residents transportation services would be restored within a week and they were true to their word with the Salmon River



Premier Dexter thanks workers at Salmon River Bridge for their efforts

from the Ingonish RCMP Detachment

were the first outsiders to reach Meat Cove

by boat at noon on Monday the 23rd. Mr. Donovan said residents and tourists were relieved to see them but for the most part the stranded people were comfortable as the residents shared what food and accommodation they had with the visitors. The resilient members of the community of Meat Cove and neighbouring communities had already started to construct makeshift bridges across river beds and washed out culverts. Visitors were hesitant to leave their vehicles and possessions behind - most of them stayed on until transportation links were restored.

Food and supplies were ferried into Meat Cove and Mr. Donovan said that Bridge and the Meat Cove Brook bridge being made passable by Monday the 30th of August.

Premier Darrell Dexter made the trip to Meat Cove on August 30th. "Residents of Meat Cove have shown the people of Nova Scotia and beyond the meaning of community by mobilizing to take care of each other and their visitors. I offer my personal thanks to the community and assurances that we will continue to work with them to ensure Meat Cove fully recovers from the damage caused by the

The Community has set up a web site http://www.meatcoveflood.com in an attempt to find further assistance to their situation.

# 30th Marathon of Hope



Baddeck Terry Fox Run organizer Lion Ford Green (L) helps Middle River resident Alex Nicholson hold his Plaques of Appreciation from the Terry Fox Foundation. Mr. Nicholson has participated in every Terry Fox Run but one. The Baddeck Lions Club have been organizing the run for the last 29 years and this year the Baddeck run will take place on September 19th.

by Jim Morrow

Thirty years ago a young man from Port Coquitlam, British Columbia by the name of Terry Fox set off to run across Canada. Osteogenic sarcoma, a rare bone cancer had been found in his knee and his leg had to be amputated.

The run, the now famous Marathon of Hope, was to raise funds to help find a cure for cancer.

The Terry Fox Foundation remains true to Terry's wishes today by directing all funds raised in his name to cancer research.

Victoria County has, over the years kept Terry's dream alive by mounting Terry Fox run, walks and jogs right across the municipality. This 30th anniversary year, organizers are hoping to re-ignite some of the initial fervor of support for Terry's hope of finding a cure for cancer.

Donnie MacAulay of Baddeck has participated every year in the Terry Fox run locally."Cancer is a major problem in this area. Anything we can do to help raise money to find a cure for this disease is worth doing," he said.

Mr. MacAulay, who lost his mother to cancer, has taught his children the value of volunteering to find a cure for cancer. His daughter Catherine has received a letter of appreciation from Terry Fox's mother, Betty while his other daughter, Margaret, has organized a run to raise money and awareness for ovarian cancer which will take place in Baddeck on September 12th.

The Terry Fox Run will be held in Baddeck on September 19th. Rankin, Cape Smokey and North Highlands School students will be running, walking and jogging for Terry Fox on the 30th of September.



### **Back to School Safety Tips**

#### TIPS FOR DRIVERS

- Reduce speed in school zones School bus flashing yellow lights mean slow down
- School bus flashing red lights mean stop! Vehicles must not pass until all signals end
- Pay attention to children waiting for a school bus they may run into the street

#### TIPS FOR PARENTS

- Help your children learn safety rules for walking, cycling, riding in cars or buses
- Supervise young children walking or cycling to school, or while waiting for the bus
- Be a good role model with your kids buckle up, wear a helmet while biking and always follow pedestrian safety rules



## **Keith Bain**

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